# **University of Maryland, Baltimore County**

**Recreation & Club Sports** 



# **Visiting Team Guide**



# Welcome

The University of Maryland, Baltimore County (UMBC) would like to welcome you to our campus! This guide has been designed to provide you with useful information about our facilities and the area. We hope it proves useful in planning your trip to the UMBC Campus.

# **UMBC Club Sports Contacts**

The student officers and leaders from each club are your main source of communication for all event related information and logistics. Club contact information is provided on the second page of this guide. However, our staff is also here to assist you.

Kristen Alexander
Assistant Director of Club Sports
Kristen2@umbc.edu, 410-455-2205

Gary Wohlstetter
Senior Associate A.D., Recreation & Physical Education
wohlstet@umbc.edu, 410-455-2638

Manager of Duty & RAC Front Desk 410-455-8888

# **Club Sport Directory**

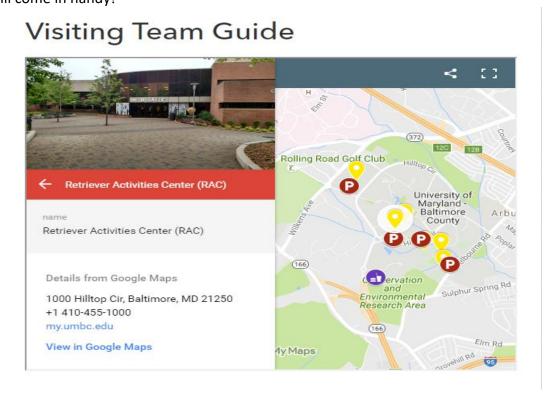
Club Sport	Name	Email
Akido	Christopher Ritz	critz1@umbc.edu
Crew	Fernando Morales	Fer1@umbc.edu
Cycling	Kurt Hamblin	hamblin2@umbc.edu
Equestrian	Zoe Fritz	fritzoe1@umbc.edu
Fencing	Patrick Hoffenbacher	umbcfencing@gmail.com
Jujitsu	Adam Snyder	snyder7@umbc.edu
Running	Andrew Bowling	bowling1@umbc.edu
Sailing	Lars Sobieski	<u>Larso1@umbc.edu</u>
Tae Kwon Do	Michael Daughrty	mda1@umbc.edu
Tennis	Kaitlyn Heo	kaiheo1@umbc.edu
Wushu/Taichi	Irene Javier	<u>ijavier1@umbc.edu</u>
Ice Hockey	Dylan Knox	knoxd1@umbc.edu
Men's Lacrosse	Brian Spiegel	spiegel1@umbc.edu
Men's Rugby	Matt Hanson	matthan1@umbc.edu
Men's Soccer	Yonata Negatu	cl92419@umbc.edu
Men's Ultimate Frisbee	Manuel Miranda	mamiran1@umbc.edu
Men's Volleyball	Benjamin Wang	benwang1@umbc.edu
Wrestling	Brandon Buckingham	buck6@umbc.edu
Women's Lacrosse	Carly Socha	carl8@umbc.edu
Women's Rugby	Ariana Justice	arij1@umbc.edu
Women's Soccer	Kayla Puglisi	puglisk1@umbc.edu
Women's Ultimate Frisbee	Sandy Lee	Slee45@umbc.edu
Women's Volleyball	Jessie Link	jelink1@umbc.edu

# **Important Information**

- All visiting teams are required to adhere to all federal, state, and University laws, guidelines, standards and policies.
- Respect all UMBC students/professional staff and the decisions they make.
- Follow all posted parking regulations. UMBC is not responsible for parking fines. Please check with your host for parking guidelines.
- Practice good sportsmanship and act in a positive, mature and responsible manner. The actions of your team and your fans are a reflection of your university and club sport program.
- Alcohol is not permitted in/at any UMBC facility. This includes all indoor and outdoor sporting facilities on campus.
- Please use the trash and recycling receptacles provided. Clean up after yourselves. Leave the space cleaner then you found it.
- UMBC is a smoke free campus.
- Participants under the age of 18 or not currently affiliated with the university team, must complete a waiver (see Appendix)

## **Interactive Map**

Visiting teams are encouraged to use the UMBC Club Sports Map at <a href="https://www.recreation.umbc.edu/club-sports/visiting-team-guide/">www.recreation.umbc.edu/club-sports/visiting-team-guide/</a>. The interactive map hosted by google provides locations for on and off campus facilities, parking, and area amenities such as medical facilities, food and lodging. In some cases additional information is provided such as contacts for local hotels, restaurants, medical facilities and parking regulations. Whether you are on-site or just planning your trip, this tool will come in handy!



### **Driving Directions to UMBC**

#### **Campus Address**

1000 Hilltop Circle Baltimore, MD 21250

#### From Philadelphia and Points North

Take I-95 S towards Baltimore (Toll road). Take exit 47A-B toward MD-166 N/Catonsville. At the split merge onto MD-166. Stay in the right lane to merge onto UMBC campus/UMBC Blvd. At the traffic circle take the 2<sup>nd</sup> exit.

**Directions from Philadelphia to UMBC** 

#### From Washington DC and Points South

Take I-495E/Beltway ramp to Baltimore. Take exit 27 for I-95N toward Baltimore. Take exit 47A-B toward MD-166/Catonsville. Merge onto I-195W, continue onto MD-166. Take the UMBC campus exit. Continue onto UMBC Blvd. At the traffic circle take the 2<sup>nd</sup> exit.

**Directions from Washington DC to UMBC** 

#### From Roanoke, VA and Points West

Take I-81N toward Lexington. Take exit 300 for I-66 toward Front Royal/Washington. Follow signs for I-495 exit toward Richmond/Baltimore. Keep right at the fork and follow signs for I-495N/Baltimore. Take exit 27 for I-95N toward Baltimore. Take exit 47A-B toward MD-166/Catonsville. Merge onto I-195W, continue onto MD-166. Take the UMBC campus exit. Continue onto UMBC Blvd. At the traffic circle take the 2<sup>nd</sup> exit.

Directions from Roanoke, VA to UMBC

#### From Dover, DE and Points East

Take US-301 S toward Baltimore. Continue onto I-97 N, follow signs for I-695 W/Baltimore/Towson. Take exit 12C toward Md-372 W/Wilkens Ave. Turn right onto Kenwood Ave. (signs for Wilkens Ave/MD-372). Turn right onto Wilkens Ave. (signs for 12C W). At the traffic circle, take the 3<sup>rd</sup> exit. Continue onto Hilltop Rd.

**Directions from Dover, DE to UMBC** 

## **Facilities**

### **Retriever Activities Center (RAC)**



Located off Administration Drive on campus, the RAC is home to competitions for Men's & Women's Volleyball, Wrestling, Jujitsu, Aikido, Fencing, Tae Kwon Do and Wushu. Inside you'll find the UMBC Club Sports office (RAC 321), a track, fitness studio, weight room, rubberized basketball courts, indoor & outdoor pool, locker/shower facilities, the main arena (where the UMBC NCAA Division 1 teams compete) and professional staff offices. A valid UMBC ID card is required for admittance. Visiting club sport

teams and spectators are restricted to the space reserved for the club event. Unauthorized use of other facility space is prohibited.

#### **RAC Tennis Courts**



Located off Administration Drive on campus, these 6 tennis courts accommodate the club tennis, physical education classes and informal tennis play. Weather permitting.

#### **Walker Field**



Located off Hilltop road on campus, the field is home to competitions/practices for Club Men's and Women's Rugby.

# **UMBC Stadium Complex**



Located off Hilltop circle on campus, this lighted artificial turf is home to competitions for Men's & Women's Lacrosse, Men's & Women's Soccer and Men's & Women's Ultimate Frisbee.

# Fields 2 & 3/Shelbourne Road



Located just off campus on Shelbourne Road across from Arbutus Middle School, these two grass fields are home to competitions for Men's & Women's Soccer and Men's & Women's Ultimate Frisbee.

## **Reisterstown Sportsplex**



Located off campus at 401 Mitchell Dr, Reisterstown, Md 21136, this indoor ice rink is home to Ice Hockey. For more information visit Reisterstown Sportsplex Website

# **Inclement Weather**

- In the event of an inclement weather the game Supervisor will determine when to halt play and will help direct participates and spectators to the nearest shelter for safety.
- The game Supervisor will notify officials, coaches/team captains when lighting strikes within 6 miles. Play will be halted at that time.
- Once lighting has reached 30 miles from the location of play, the game supervisor will notify both teams and referees the play may continue.

# Accidents, Injuries, & Emergencies

To ensure that we provide a safe and secure environment for our participants:

- An Athletic Trainer is onsite for all competitions.
- A UMBC Supervisor is onsite for all competitions.
- Anytime a participant is injured in/at a UMBC facility a UMBC Club Sports Incident/Accident Report must be completed. In the event of an injury, please see the UMBC supervisor designated for that event. These individuals will be able to complete the Incident/Accident form and facilitate care.
- In the event of a medical emergency the Athletic Trainer on site will call campus police, 410-455-555. Campus police will call for an ambulance.

# **Local Hospitals and Medical Centers**

## St. Agnes Hospital

900 S. Caton Ave. Baltimore, MD 21229 667-234-6000

http://www.stagnes.org/

Hours: Open 24 hours

Driving Directions from Campus: Head west on Hilltop Rd toward Hilltop Circle. At the traffic circle, take the 1<sup>st</sup> exit onto MD-372 E/Wilkins Ave. Use any lane to turn left onto Southwestern Blvd. Continue onto Wilkins Ave, then turn right onto S. Caton Ave. The hospital will be on your left.

#### Patient First – Catonsville

6333 Baltimore Nationals Pike Catonsville, MD 21228 443-514-1361

https://www.patientfirst.com/

Hours: Open from 8am to 10pm; everyday, including weekends and holidays Driving Directions from Campus: Head west on Hilltop Rd toward Hilltop Circle. At the traffic circle, take the 1<sup>st</sup> exit onto MD-372 E/Wilkins Ave. Turn left onto Kenwood Ave. Turn left to merge onto I-695 N toward Towson. Take exit 15B to merge onto US-40 W/Baltimore National Pike toward Ellicott City. Travel 1.5 miles and destination will be on your left.

# **Local Attractions**

#### **Baltimore**

Only 10 miles from the university, Baltimore has something for everyone. Built around the Inner Harbor, the city is a walker's delight, with a lineup of attractions within three or four blocks of one another. More information can be found at www.baltimore.org.

#### **Annapolis**

Only 30 miles from the university, Annapolis boasts historic charm with its beautifully preserved and restored buildings and brick downtown streets. A boater's paradise, the city ranks as the Sailing Capital of America and hosts the country's largest in-water boat show every October. More information can be found at <a href="https://www.visit-annapolis.org">www.visit-annapolis.org</a>.

### Washington, DC

Only 40 miles from the university, Washington, DC, is a metropolitan city with historic attractions, museums, monuments, hotels, restaurants, free annual events, and visitor's services unrivaled by any other American city. More information can be found at <a href="https://www.washinton.org">www.washinton.org</a>.

# **Important Links**

- UMBC Visitors Guide
- Campus Map
- Parking & Transportation Services
- UMBC Recreation Website
- UMBC Website

**REQUIRED FORMS: NEXT PAGE** 

#### LIABILITY RELEASE AND ASSUMPTION OF RISK

### LIABILITY RELEASE, WAIVER, DISCHARGE, AND COVENANT NOT TO SUE

1.		m Liability\Expression of Desire to Participate: I desire to	
	participate in the	Activity ("UMBC Club Sport Event, Race, and	
	Tournament"), to be held on	and I fully understand and appreciate	
		rent in the Activity and any endeavors related to the Activity.	
	Knowing the dangers, hazards, and r	risks of such activities, and in consideration of desiring to	
	participate in the Activity, on behalf	of myself, my family, heirs, and personal representative(s), I,	
	the undersigned, agree to assume a	all risks and responsibilities surrounding my participation in	
	the Activity; and in advance I hereby release, waive, forever discharge, and covenant not to sue		
	UMBC and/or UMBC Rec Sports, its	officers, agents, faculty, of any of the listed organizations (all	
	of whom are collectively called "UMI	BC" in later references within this Agreement), from and against	
	any and all liability for any harm, inju	ury, damage, claims, demands, actions, causes of action, costs,	
	and expenses of any nature that I ma	ay have or that may hereafter accrue to me, arising out of or	
	related to any loss, damage, or injur	y, including but not limited to suffering and death, that may be	
	sustained by me or by any property	belonging to me, while participating in the Activity. It is my	
	expressed intent that this assumption	on of risk, release and hold harmless agreement shall bind the	
	members of my family and spouse, i	f I am alive, and my estate, family, heirs, administrators,	
		, if I am deceased, and shall be deemed as a "Release, Waiver,	
	discharge and Covenant" not to sue		
2.	3	greement. In signing this Release, I acknowledge and represent	
	· ·	the content of the foregoing waiver of liability and hold	
		efore I sign it, and no oral representations, statements or	
		ing written statement, have been made. I further state that I	
		ge and fully competent to sign this Agreement.	
3.		member in good standing.	
•			
	HIS IS A RELEASE OF LEGAL RI BEFORE SIGNING.	IGHTS. READ AND BE CERTAIN YOU UNDERSTAND	
AC	CTIVITY PARTICIPANT:		
,	STOTT TAKENAMA		
PRI	RINT NAME		
SIG	GNATURE	DATE	
PRI	RINT NAME OF PARENT OR LEGAL GUARDI	IAN (If participant is under 18 years old)	

SIGNATURE OF PARENT OR LEGAL GUARDIAN (If participant is under 18 years old)